Karen D. Raymond, MS, LPC, NCC

205 Sequoia Circle NW, Christiansburg, VA 24073 | (P) 336.280.5060 | drkare70@vt.edu

EDUCATION

Expected Completion: Ph.D., Counselor Education and Supervision

May 2019 Certificate: Preparing the Future Professoriate

Virginia Tech (CACREP accredited)

Blacksburg, VA

December 2007 Master of Science, Community and Agency Counseling

North Carolina Agricultural & Technical State University

(CACREP accredited) Greensboro, NC

May 1999 Bachelor of Science, Psychology

Minor: Justice and Policy Studies

Guilford College Greensboro, NC

May 1990 Associate in Arts

Rockingham Community College

Wentworth, NC

LICENSURE AND CERTIFICATIONS

Licensed Professional Counselor, North Carolina (LPC #7445)

2009 to Present

National Certified Counselor, National Board of Certified Counselors (NCC #232538) 2008 to Present

TEACHING EXPERIENCES

Fall 2018 Adjunct Instructor, Career Development and Counseling

Counselor Education Program

Radford University

- Developed and prepared course material in Desire 2 Learn technology learning platform
- Facilitated discussions, lecture, and experiential activities
- Evaluated students' written assignments and projects
- Completed grading and feedback for Master's level students

Professional, Ethical, and Legal Issues in Counseling

Counselor Education Program

Radford University

- Developed and prepared course material in Desire 2 Learn technology learning platform
- Facilitated discussions, lecture, and experiential activities

- Evaluated students' written assignments and projects
- Completed grading and feedback for Master's level students

Spring 2018 Adjunct Instructor, Psychopathology, Diagnosis, & Treatment Planning

Counselor Education Program

Radford University

- Developed and prepared course material in Desire 2 Learn technology learning platform
- Facilitated discussions, lecture, and experiential activities
- Evaluated students' written assignments and projects
- Completed grading and feedback for Master's level students

Spring 2018 Guest Lecturer, Addictions Counseling Course

Counselor Education Program

Virginia Tech

- Requested to present about addictions and family counseling needs to first year master's students
- Prepared documents to aide discussion and engaged students to facilitate learning

Fall 2017 Co-Instructor, Life Span Development

Counselor Education Program

Virginia Tech

- Participated in reviewing and provided feedback to students' written reflections
- Co-facilitator for discussion, lecture, and experiential activities
- Developed and prepared portions of course lessons
- Evaluated students' written assignments and projects
- Utilized Canvas Infrastructure technology for on-line material and class management

Spring 2017 Co-Instructor, Internship in Counseling Course

Counselor Education Program

Virginia Tech

- Participated in reviewing and provided feedback to students' written reflections
- Evaluated students' written assignments and projects
- Provided group supervision for second year master's internship students
- Co-facilitator for discussion, lecture, and experiential activities
- Utilized Scholar Academic Suite technology for on-line material

Fall 2016 Co-Instructor, Family Systems Course

Counselor Education Program

Virginia Tech

- Completed all on-line course information and preparation
- Developed and prepared portions of course lessons
- Evaluated students' written assignments and projects
- Co-facilitated a Fall Family Symposium as portion of course final
- Utilized Scholar Academic Suite technology for on-line material

Fall 2016 Guest Lecturer, Lifespan Human Development Course

Counselor Education Program

Virginia Tech

- Requested to present about middle-age development and counseling needs to first year master's students
- Prepared documents to aide discussion and engaged students to facilitate learning

Summer 2016 Co-Instructor, DSM Applications in Counseling Course

Counselor Education Program

Virginia Tech

- Prepared various material for hybrid on-line/face-to-face course
- Responsible for all material for on-line module for personality disorders
- Lead instructor for one face-to-face class covering four modules of information
- Evaluated student's written assignments and projects
- · Co-facilitator for discussion, lecture, and experiential activities
- Utilized Canvas Instructure technology to enhance student learning

Summer 2016 Guest Lecturer, Clinical Mental Health Counseling Course

Counselor Education Program

Virginia Tech

- Requested to present about a variety of counseling settings to second year master's students
- Prepared documents to aide discussion and engaged students to facilitate learning

Spring 2016 Guest Lecturer, Expressive and Experiential Arts in Counseling Course

Counselor Education Program

Virginia Tech

- Requested to present about directive play therapy to second year master's students
- Prepared documents to aid discussion and engaged students to facilitate learning

Fall 2015 Co-Instructor, Group Counseling Course

Counselor Education Program

Virginia Tech

- · Participated in reviewing students' written reflections
- Provided guidance and supervision of experiential learning growth group for 18 hours of instruction

COUNSELING EXPERIENCE

Fall 2015 Blacksburg High School Counseling Department, Blacksburg VA Practicum Student School Counselor

- Provided counseling services for high school students
- Attended parent and student informational meeting regarding PSAT/SAT changes
- Reviewed college preparation materials for senior students

July 2010 – Willow Tree Counseling, PA, Greensboro NC June 2015 Individual Licensed Professional Counseling Practice

- Private practice counseling services for children, adolescents, adults, couples and families
- Provided group therapy for DBT
- Offered premarital counseling and marriage counseling for couples
- Conducted various forms of play therapy with children and adolescents

July 2008 - Moses Cone Behavioral Health Hospital, Greensboro NC Nov 2014 Assessment Counselor

 Provide crisis assessment for level of care at Wesley Long Psychiatric Emergency Department

- Completed precertification for mental health and substance abuse inpatient hospitalizations
- Complete placement of crisis mental health patients to correct level of care (i.e. outpatient services, intensive outpatient services or inpatient/detox services)
- Responsible for involuntary commitment documentation

Aug 2006 – Family Solutions, PLLC, Greensboro NC July 2010 Contracted Therapist

- Provided counseling services to clients in consultation, group and/or individual basis
- Served as clinician for individual, couples, family and/or play therapy in home/office setting
- Responsible for conducting intake interviews and assessment
- Other Positions with Family Solutions: Counseling Intern II, August 2007 December 2007; Counseling Intern I, January 2007 – May 2007; Practicum Student, August 2006 – December 2006

SUPERVISION EXPERIENCE

Fall 2015 - Virginia Tech Counselor Education Spring 2017 Clinical Supervisor

- Provide individual, triadic, and live supervision of Master's students in practicum and internship
- Provided small group supervision of second year Master's students in internship

Fall 2015 - Virginia Tech Counselor Education Clinic Spring 2017 Clinical Supervisor

- Provide individual, triadic, and live supervision of Master's students in practicum and internship
- Provided live supervision of experiential growth group component of course
- Utilized various live supervision techniques, including "Byte in the Eye"
- Helped prepare students through pre-session meetings, monitored student counseling skills during session, conducted post-session debriefs
- Ensured client safety, confidentiality, and welfare

Fall 2013 - Adams State University Spring 2014 Clinical Supervisor

- Provided weekly individual supervision of practicum and internship student over the course of a year
- Reviewed session recordings as part of supervision process

2008 to 2014 Cone Health System Assessment Counselor

• Provided training and supervision of newly hired assessment counselors

RESEARCH

Fall 2018 - Compassion in professional counseling

Present Principle Investigator

• Currently working on prospectus material for dissertation

Fall 2016 - Examining factors of CACREP and Licensure regarding counselors' self-perceived Spring 2017 competence with LGB clients

Principle Investigator

 Collaborated with a counselor education team of four researchers to examine and explore quantitative factors that impact counselors' self-perceived competence with LGB clients

Fall 2015 Finding a Sense of Belonging via the College Avenue Promenade Principle Investigator

- Collaborated with an interdisciplinary team of seven researchers and designed a
 phenomenological research study that examined perceptions of how the College Avenue
 Promenade, adjacent to the Virginia Tech campus, creates places for gathering and
 engagement of graduate students and facilitates social interactions
- Recruited participants and conducted interviews
- Transcribed interviews and worked with research team to identify themes in the transcripts

PRESENTATIONS / PROFESSIONAL DEVELOPMENT

- **Raymond, K.** (June 2018). This I believe: Being a graduate student in 2018. Creating a Place & Space for Graduate Education: Roles, Responsibilities, and Opportunities Conference. Invited guest speaker, Opening Dinner. Blacksburg, VA
- Raymond, K. (March 2018). Sleep health. CSI Wellness Workshop: Presentation session. Roanoke, VA
- Doyle, K., & **Raymond, K.** (February 2018). Integrating wellness into the classroom to increase professional longevity. Conference on Higher Education Pedagogy and Teaching Large Classes: Poster presentation. Blacksburg, VA.
- **Raymond, K.** (November 2017). Blurred lines of presence and protection: Social media and ethical implications. VCA Conference: Presentation session. Hot Springs, VA.
- Sharma, J. & Raymond, K. (October 2017). Applying contemporary pedagogical methods in counselor education. Association for Counselor Education and Supervision Conference: Presentation session. Chicago, IL.
- Robino, A., Lackey, B., **Raymond, K.**, & Sharma, J. (October 2017). Examining multicultural preparation and competency in counseling programs. Association for Counselor Education and Supervision Conference: Presentation session. Chicago, IL.
- **Raymond, K.** (2017). wE-Learn: Ideas on creatively using technology to shift, flip, and blend experiential student learning. Conference on Higher Education Pedagogy: Poster presentation. Blacksburg, VA.
- Hayes, J. & **Raymond**, **K**. (2016). Exploring growth groups to facilitate resilience in counselor education students. Southern Association for Counselor Education and Supervision Conference: Poster presentation. New Orleans, LA.

- Sharma, J., **Raymond, K**., Smith, B. & Lawson, G. (2016). #BounceBack: An integrative approach to cultivating resilience for emerging supervisors. Southern Association for Counselor Education and Supervision Conference: Roundtable Session. New Orleans, LA.
- Raymond, K. & Mabry, C. (2016). "Standardized Patient Encounter: Affect, Multiculturalism, Body Language, Communication, and Providing Feedback" Invited presenter, Edward Via School of Osteopathic Medicine (VCOM), Blacksburg, VA. September 14, 2016.

PUBLICATIONS

- **Raymond, K.** (September 2017) Leadership Academy Reflections, *Virginia Counselors Association Newsletter*. 4-5.
- **Raymond, K.** (Spring 2017) Five suggestions to incorporate technology for a more learner-centered classroom, *Southern Association of Counselor Education and Supervision Newsletter*, 13(1), 4-5.

LEADERSHIP, HONORS, AND AWARDS

July 2018 Virginia Counselors Association Leadership Academy

Represented ROACA as Chapter President

July 2018 American Counseling Association Institute for Leadership Training

Awarded Travel Grant for ILT

- Attended 10th annual Leadership Training on effective leadership, association management, and advocacy
- Participated and advocated with elected officials on Capitol Hill in Washington, D.C.

Spring 2017 Global Perspectives Program Study Abroad Fellowship

Graduate Student

- One of 15 graduate students chosen to receive funding for two-week intensive study abroad program to travel to and explore institutions of higher education in three European countries
- Partnered with doctoral students from the University of Basel and UTH in Zurich,
 Switzerland to present at the Swiss Embassy concerning higher education as a public good

Summer 2017 Virginia Counselors Association Leadership Academy

Student Emerging Leader Award

- Selected to participate in the 2017 Virginia Counselors Association Leadership Academy as an emerging student leader
- Chosen for 3rd Annual Counseling Student Grant based on demonstrated leadership capabilities and commitment within the counseling profession

PROFESSIONAL SERVICE

President, 2018-2019

Roanoke Chapter Virginia Counseling Association (ROACA)

VCA Board Member, 2018-2019

Virginia Counseling Association (VCA)

Bi-Laws Committee, Student Member, 2017-2018

American Counseling Association (ACA)

President-Elect, 2017-2018

Roanoke Chapter Virginia Counseling Association (ROACA)

Student Advocate Association, Vice President, 2016-2017

Edward Via School of Osteopathic Medicine (VCOM)

Volunteer Counselor, Day of Remembrance Activities, April 14-16, 2017

Virginia Tech, Day of Remembrance

- Provided counseling support as needed during scheduled events
- Provided counseling supervision for masters' counseling student volunteers

Masters Student Applicant Interviewer, Spring 2016, Spring 2017, and Spring 2018

Virginia Tech Counselor Education Program

- Individually interviewed potential candidates for incoming master's students
- Objectively rated each applicant based on rubric criteria
- Participated in final meeting with faculty and colleagues to determine which applicants to admit

Doctoral Student Applicant Interviewer, Spring 2016, Spring 2017, and Spring 2018

Virginia Tech Counselor Education Program

- Facilitated group discussion with potential doctoral students concerning the Principles of Community at Virginia Tech
- Participated in individual interview of potential doctoral candidate
- Objectively rated each applicant based on rubric criteria
- Participated in final meeting with faculty and colleagues to determine which applicants to admit

Assisted Search Committee, Spring 2016, Fall 2016, and Fall 2017

Virginia Tech Counselor Education Program

- Reviewed curriculum vitae and participated in various stages of interview presentations of potential candidates for Assistant Professor position
- Provided feedback regarding applicant to assist search committee on decision

Vice President, River Run Homeowners Association, 2011

Reidsville, NC

President, Chi Sigma Iota (CSI), Alpha Tau Omega Chapter, 2007-2008

NC A&T State University

MEMBERSHIPS

Member, Chi Sigma Iota (CSI), Virginia Tech

Member, Southern Association of Counselor Education and Supervision (SACES)

Member, Association of Counselor Education and Supervision (ACES)

Member, American Counseling Association (ACA)

Member, Virginia Counseling Association (VCA)

Member, Roanoke Chapter Virginia Counseling Association (ROACA)

ADDITIONAL EMPLOYMENT EXPERIENCE

UnitedHealth Group, Greensboro, NC. November 1997 to June 2008

Remote Solutions Technology Support Analyst: December 2005-June 2008

- Provided second tier system and network support to local facility on rotating/on-call basis
- Achieved excellent customer service support while providing remote support and computer imaging to over 15,000 nationwide internal customers

PC/LAN Analyst: July 2000-December 2005

- Provided on-site second tier system and network support over 1800 end users at two locations, including maintenance, repair and operating system training
- Responsible for project management of tasks within a business/systems application, including preparation of project outlines, problem resolution, software engineering standards and quality control standards
- Ensured prompt turnaround of repair or installation requests in a cost-effective manner by maintaining relationships with vendors and coordinating vendor on-site services in the repair/maintenance of company computers/peripherals

Help Desk Specialist: May 1999-July 2000

- Responsible for the initial triage and diagnosis of the severity of customer computer issues, problem management of resolution and/or assignment to appropriate technical support
- Tracked tasks and reported to appropriate management
- Performed installation of new PCs, upgrades or installations of software on new and/or existing PCs, coordinate move of equipment to include disconnect and reconnect of equipment and telephone, as well as assistance in backup of critical data

Administrative Assistant, Network Management: November 1997-May 1999

- Recorded and maintained minutes and related documents for Credentials and Oversight Committees according to NCQA and DOI requirements
- Assisted with accurate/timely coordination of quarterly economic performance reports for participating physicians statewide
- Received member complaints for tracking, analysis, and various reporting
- Assisted tracking/distribution of hospital and ancillary contracts

REFERENCES

Laura Boyd Farmer, Ph.D, LPC, CSAC, ACS Assistant Professor of Counselor Education Virginia Tech lbfarmer@vt.edu (540) 521-7222 Relation to Applicant: Advisor and Co-Chair

Dissertation Committee

Gerard Lawson, Ph.D, LPC, NCC, ACS Associate Professor of Counselor Education Virginia Tech glawson@vt.edu (540) 915-2961

Relation to Applicant: Former Advisor and Faculty

Member

Nancy Bodenhorn, PhD Associate Professor Virginia Tech nanboden@vt.edu (540) 231-8180

Relation to Applicant: Co-Chair Dissertation Committee

Laura E. Welfare, Ph.D, LPC, ACS Associate Professor of Counselor Education Virginia Tech welfare@vt.edu (540) 819-7551

Relation to Applicant: Faculty Member